



NORTHEASTERN SOCIETY OF PERIODONTISTS BULLETIN

VOLUME 42, No. 1

SPRING 2013

SPRING MEETING • April 19, 2013

The Art and Science of Periodontics

New York Marriott Marquis Hotel • 1535 Broadway, New York, NY

It has been 54 years since the inception of the NESP. We continue to maintain our position as an esteemed organization amongst our professional colleagues both nationally and internationally. This year's spring program follows the tradition of thought-provoking themes with "The Art and Science of Periodontics." Topics for this program will include the proper management of the diabetic patient; a review of maxillary sinus anatomy, physiology and pathology; and treatment decisions for challenges in the aesthetic zone. Your program chair, Dr. Edward Gottesman, together with your NESP president, Dr. Constantine Pavlakos and the C.E. Committee, have assembled world-renowned clinicians and researchers with years of experience in their respective fields to present these stimulating topics.

The day will commence with registration and exhibits from 8:00-9:00 a.m. Beginning at 9:00 a.m., the first speaker, Dr. Brian L. Mealey, will present **The Expanding Role of the Periodontist in Managing**

(CONTINUED ON PAGE 2)

8:00-8:30 a.m. NESP Board of Governors' Meeting
8:00-9:00 a.m. Registration and Exhibits
9:00 a.m. Lectures Begin
9:00-10:15 a.m. Dr. Brian L. Mealey
The Expanding Role of the Periodontist in Managing the Diabetic Patient Population
10:15-10:45 a.m. Visit with our Exhibitors
10:45 a.m.-noon Dr. Christopher A. Church
Maxillary Sinus Anatomy, Physiology and Pathology for the Implant Surgeon
Noon-1:30 p.m. Lunch
Isador Hirschfeld Award to Honor Dr. Robert Schoor
1:30-4:00 p.m. Dr. Brian Chadroff & Dr. Michael Apa
Treatment Decisions for Interdisciplinary Challenges in the Aesthetic Zone



Brian Mealey



Christopher Church



Brian Chadroff



Michael Apa

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the Diabetes Patient Population followed by a coffee break from 10:15-10:45 a.m. Please remember to visit the exhibitors at this time. Following the break, at 10:45 a.m., Dr. Christopher A. Church will present **Maxillary Sinus Anatomy, Physiology and Pathology for the Implant Surgeon**. Lunch will be served from 12:00-1:30 p.m. where the recipient of this year's Isador Hirschfeld Award will be announced. Following lunch, at 1:30 p.m., Dr. Brian Chadroff and Dr. Michael Apa will present **Treatment Decisions for Interdisciplinary Challenges in the Aesthetic Zone**.

BRIAN L. MEALEY, D.D.S., will present *The Expanding Role of the Periodontist in Managing the Diabetes Patient Population*. Diabetes and periodontal disease are two of the most common chronic diseases of man. This lecture will describe the evidence and clinical implications of the two-way association of diabetes and periodontal disease. However, the primary focus of the lecture deals with issues related to the clinical management of patients having diabetes and periodontal disease. The discussion will center around practical questions about providing treatment in the dental office to patients who have diabetes and the evolving role of dental professionals in dealing with the diabetes epidemic.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- **understand the bi-directional relationships between diabetes mellitus and periodontal diseases;**
- **comprehend clinical management strategies for patients with diabetes;**
- **recognize the role of dental professionals in overall care of people at risk for diabetes or having diabetes.**

Dr. Brian Mealey is a professor and the graduate program director in the Department of Periodontics at the University of Texas Health Science Center at San Antonio. He served 21 years in the United States Air Force as a general dentist and periodontist, where he was the chair of the Department of Periodontics and the program director of the Air Force Periodontics Residency at Wilford Hall Medical Center in San Antonio. Dr. Mealey is a diplomate of the American Board of Periodontology, and served for 6 years as a director of the board. He is co-editor and author of two textbooks, and he has published over 100 articles, abstracts and textbook chapters in the scientific

literature, with an emphasis on inter-relationships between oral and systemic health.

CHRISTOPHER CHURCH, M.D., will present **Maxillary Sinus Anatomy, Physiology and Pathology for the Implant Surgeon**. Understanding of the anatomy and physiology of the maxillary sinus is critical for the implant surgeon. Failure to identify normal variants and pathologic conditions may result in graft or implant failure. This lecture will discuss the development, anatomy, and physiology of the maxillary sinus, along with common pathologic conditions, including acute and chronic sinusitis. Emphasis will be placed on preoperative diagnosis of these conditions, including imaging of both inflammatory and non-inflammatory abnormalities. Management strategies, including medical treatments and functional endoscopic sinus surgery (FESS), will be discussed. Guidelines for referral to an otolaryngologist will be presented.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- **discuss the normal development, anatomy, and function of the maxillary sinus;**
- **diagnose and manage sinus infections after implant or sinus graft surgery;**
- **understand the signs, symptoms, and radiographic findings of chronic sinusitis;**
- **differentiate inflammatory from non-inflammatory opacities on CBCT;**
- **develop a strategy for interdisciplinary cooperation with their otolaryngologist.**

Dr. Church is an otolaryngologist-head and neck surgeon who specializes in the care of the nose and sinuses. He completed his medical degree and residency at Loma Linda University in southern California before doing a fellowship in rhinology and advanced sinus surgery at Stanford. He has been the director of the Loma Linda University Sinus & Allergy Center since 2002. His areas of research interest include medical and surgical management of chronic rhinosinusitis. As residency program director and rhinology fellowship director, Dr. Church devotes considerable time to the education of future generations of otolaryngologists. He is a fellow of the American Academy of Otolaryngology-Head and Neck Surgery and the American Rhinologic Society.

BRIAN CHADROFF, D.D.S., and **MICHAEL APA, D.D.S.,** will present *Treatment Decisions for Interdisciplinary Challenges in the Aesthetic Zone*. Achieving or maintaining optimal aesthetics requires detailed treatment planning and sequencing of therapy, and often requires a multi-disciplinary approach. Aesthetic evaluation utilizing facial aesthetic design to diagnose tooth position, minimally invasive preparation techniques, and the role of accurate provisionals to communicate with the patient/surgeon/ceramist will be discussed.

Surgically, we will review aesthetic crown lengthening, advanced root coverage techniques, ridge augmentation, and site development to enhance aesthetic outcomes and achieve ideal gingival margins for teeth and implants.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- **understand the concept of beauty and how facial aesthetic design affects tooth preparation, function, and gingival margin placement for the periodontal/restorative team;**
- **learn to diagnose, treatment plan, and execute complex interdisciplinary aesthetic cases;**
- **understand the biologic rationale for aesthetic crown lengthening, and learn current concepts in root coverage and site development;**
- **learn how to predictably treatment plan immediate vs. delayed implant placement, abutment selection, and provisionalization techniques for implants in the aesthetic zone.**

Dr. Brian Chadroff has two practices limited to periodontics and implantology located in Manhattan and Rego Park, New York. He graduated from the University of Maryland in 1984 with a DDS degree and in 1986 with a certificate in periodontics. Dr. Chadroff is a member of a research team, which in 1990 was awarded both the American Academy of Periodontology Clinical Research Award and the R. Earl Robinson Periodontal Regeneration Award. The AAP Clinical Research Award honors the most outstanding published scientific manuscripts having direct clinical relevance and application to the practice of periodontics. Dr. Chadroff became a Diplomate of the American Board of Periodontology in 1991. He is an associate clinical professor of postgraduate periodontics and implant dentistry at New York University College of Dentistry, and an elected member of the Board of Trustees for the American Academy of Periodontology. He is also a past president of the Northeastern Society

of Periodontists.

Dr. Chadroff is the past program chairman of the Queens County Dental Society. He is the founder and director of the New York Dental Forum. Dr. Chadroff has lectured both nationally and internationally on topics related to aesthetics, periodontics, implant placement, and bone regeneration, and authored numerous articles in the periodontal literature. Dr. Chadroff has been featured on Good Morning America, The Tyra Banks' Show, and ABC's Extreme Makeover as a member of their dream team.

Dr. Michael Apa is assistant clinical professor at New York University College of Dentistry Aesthetics Department, and senior clinical director of the Aesthetic Advantage Continuing Education Program New York, Palm Beach and London. Dr. Apa is a national and international lecturer, a member of the American Academy of Cosmetic Dentistry, the American Dental Association, the Academy of General Dentistry; and sits on the editorial advisory board of the *Journal of Implant and Advanced Clinical Dentistry*. He is a recipient of the 2007 AACD Cosmetic Dentistry Award for outstanding performance in the first five years of practice, and the recipient of American Academy of Hospitality Services Five-Star Diamond Award as well as Leaders Board for Dentistry Today. Dr. Apa has a private practice limited to aesthetic and restorative dentistry in New York and Dubai. ■

Disclaimer:

This program is offered as an educational course only. The opinions and techniques offered today should be combined with additional educational experiences before considering them in your practice. Attendance at this program does not reflect specialty status, advanced training, specific skills or educational status.

New Members

The NESP welcomes the following new members:

Dr. Julio Carrion, Miller Place, New York
Dr. Philip Kang, Fort Lee, New Jersey

Mark Your Calendar

NESP Meeting Dates

APRIL 19, 2013

NOVEMBER 1, 2013



President's Message

The mission and goal of our society for the past 54 years has been to be a predominant regional periodontal society providing a forum for continuing education. Please mark your calendars to attend our spring meeting on April 19, 2013 at the New York Marriott Marquis Hotel.

Our specialty of periodontics is a unique field of dentistry by providing treatment that is evidence-based, yet transcends into the fields of aesthetics and systematic implications in relation to oral conditions. It is with this theme that Dr. Edward Gottesman, my program chair, has organized a dynamic program for our spring meeting entitled: "The Art and Science of Periodontics."

The spring program will begin with a discussion and understanding of the periodontist's role in managing the diabetic patient. In addition, the anatomy of the maxillary sinus will be reviewed by an ENT with discussion of physiology and pathology as it relates to implant dentistry. The program will conclude in the

afternoon with an interdisciplinary restorative and periodontic clinical approach to analyzing the aesthetic zone. In addition to our full day doctors' programs, a hygiene program will be offered in the fall as a member benefit; so we encourage that you remember to register your hygienists for the fall hygiene program that Dr. Roy Feldman has organized.



Constantine
Pavlakos

It is with great pleasure that I serve as your president in 2013. Our society provides an excellent forum for continuing education, so please encourage your colleagues to join and be part of our society. It is your commitment to our society that keeps us in the forefront of our specialty. Your opinions and suggestions are welcomed and appreciated.

I look forward to seeing all of you in April! ■

In Memoriam

Dr. Paul N. Baer

It is with great sadness that we report the passing of Dr. Paul N. Baer, Founding Chair of the Department of Periodontology at Stony Brook University School of Dental Medicine and one of the first faculty members recruited to our new School of Dental Medicine in 1970.

Dr. Baer was an internationally recognized leader in both the art and science of periodontology. He published more than 100 articles in scientific journals and authored the classic textbooks "Periodontal Disease in Children and Adolescents" and "A Textbook of Periodontitis." As the clinical director of NIDCR, he was the first periodontal scientist to use germ-free animals to study calculus formation and the development of periodontal disease. These pioneering studies have been the foundation for the countless numbers of scientists who have subsequently used germ-free and gnotobiotic rodents as models to investigate various aspects of periodontics. Dr. Baer also published widely on genetics and periodontal disease susceptibility. As early as 1980, he identified an animal model that is susceptible to naturally occurring periodontal disease and accompanied by morphological changes similar to human periodontitis. One would think that studies



of these kinds would be sufficient to fulfill a research career. However, Dr. Baer continued to pursue a pet interest as to the possible role of viruses in the etiology of certain forms of periodontal diseases. Dr. Baer determined in more than 11 publications that a murine virus had the potential to disrupt the integrity of the periodontal ligament in vivo.

Dr. Baer's clinical studies were equally remarkable. He was the recognized authority on periodontal diseases in children and adolescents. His many studies on aggressive periodontitis resulted in its clinical definition, which has received universal recognition. Dr. Baer was always unselfish in his support of faculty and students and thrived on the Socratic method of teaching.

Dr. Baer's professional recognition has been truly remarkable, including the Hirschfeld Award, the Gies Award, and Distinguished Alumnus Awards; yet his most significant achievement was his mentorship, warmth, and friendliness to his faculty and students. ■

Vincent Iacono



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the latest information
on NESP,
visit our website
at
www.nesp.org.

Message from the Editor

Hurricane and Helping Others

I am sincerely honored and grateful to be the newest NESP *Bulletin* editor. Dr. Wayne Kye has been a great editor, and a huge help in transitioning me to fill his footsteps. I will personally miss reading his editorials because they were always interesting topics that kept me reading, and when it was finished, I wanted more! I hope to be able to have the same effect on you. I would also like to congratulate Dr. Kye and his family on the election of his wife Grace as Congresswoman of New York's 6th congressional district!

A special thanks to Dr. David Kratenstein, who is the backbone of our society, for all of his thoughtful advice. Dr. Gus Pavlakos, our incoming president, is an experienced periodontist, implant surgeon, and good friend, and I know he will lead us to a wonderful year.

On October 29 when Hurricane Sandy's storm surges destroyed my office, I was in total shock. I had just bought a brand new condo and moved into my beautiful office six months before. I cannot express how devastating this was to me and my family, let alone my employees and patients. Everything was gone, not only all of my equipment and charts, but the diplomas, awards, artwork, and autographs that hung on the walls and my dental school and perio program year books...so much that was irreplaceable and very special to me. As I was trying to make sense out of this senseless disaster my good friend

Message from the Executive Director

On behalf of the officers and the Board of Directors I welcome you to our 2013 program year. Our program chair has developed two outstanding programs for the year. Please check out our website www.nesp.org for details; also note we now have a Facebook page on which you can follow us.

Dues bills for 2013 were sent in December and this is a reminder to please pay those bills on receipt. Enclosed in that mailing was a request for you to provide us with your cell phone number and your email. This is a direct result of the Sandy Hurricane experience when we realized that we had no way to contact everyone in that kind of emergency. By providing us that information a robo call and/or an email blast can go out not only for emergencies but for meeting announcements. These

and mentor Dr. Bob Schoor suddenly passed away on November 17. I had spoken with him about my situation only a week before and the first thing he said, aside from how badly he felt, was that he would start calling the periodontal society and people he knew to try and help me. In the 20 years that I knew Bob, I can say without hesitation that he would literally take the shirt off his own back and give it to you if he knew it would help. We will all miss him. He would be very proud of the American Academy of Periodontology if he heard how they were the ones to send aid (in the form of a grant) before any of the other societies I belong to, and the outpouring of concern and offered help by the members of the NESP and AAP.

The thoughtful calls by my colleagues offering me a place to practice, loaning or donating equipment, or just calling to ask how I was doing makes me proud to be a part of both the NESP and the AAP. What better place than my first editorial to thank everyone for their help.

The *Bulletin* is your bulletin, and if anyone has any ideas for its continued success please contact me. I know times are tough in this time of recession and post-Super Storm Sandy, especially on our recent graduates. I hope in your hearts you can reach out to them and give them guidance, and the best time to do it is at our NESP meeting! ■

numbers are internal and will not be released to anyone other than our central office. Please cooperate and help us run this organization efficiently. If you have not provided us these numbers please email me at executivedirector@nesp.org.

Our exhibitors are vital to our organization, and the revenue provided by our exhibitors has enabled us to keep the same dues structure for over 10 years. Please support our exhibitors by purchases at the meeting and thanking them for their participation.

Looking forward to seeing you at the April 19, 2013 meeting. ■



Stuart Segelnick



David Kratenstein

Members can access the NESP journal *Periodontal Clinical Investigations* online

Go to the NESP website, click on scientific journal, then on journal articles, and use the password NESPMEMBER (all caps)

District VI Update

The Academy's Board of Trustees met in January for a very productive session. Mr. John Forbes, our new executive director, opened the meeting in a dynamic fashion, applying his vast knowledge and experience to the many issues and challenges our specialty is facing. He delivered a far-reaching and insightful "state of the Academy" presentation with thoughts for a future model to strategically move our organization and profession forward. John is both a compelling and approachable person, and we all left with a great feeling of confidence in our new executive director.

Several initiatives were considered that have the potential to support our members and the oral health of the public.

Awareness and Outreach

- **Public Awareness Initiative:** At its last meeting, the Board appointed a Task Force on Consumer Awareness. At this meeting, the Board approved a recommendation from the Task Force that we distribute a request for proposal (RFP) to engage a public relations firm to conduct an outreach/awareness campaign targeted toward consumers.

- **Professional Awareness Initiative:** For the past several years, the AAP has partnered with Dimensions of Dental Hygiene to provide information on periodontal therapy topics. The Board approved continuing our collaboration in 2013.

Science and Education

- **Peri-Implantitis Initiative:** The Board appointed a task force to develop a white paper on peri-implantitis. The paper was approved by the Board for publication in the *Journal of Periodontology* as an "Academy Report." The Board also charged the Task Force on Peri-Implantitis to continue work on this topic by developing focus questions and identifying authors to develop a systematic review of the diagnosis and treatment of peri-implantitis with a paper submitted to the Board of Trustees by its August meeting. The goal is to publish the review paper in the *Journal of Periodontology*.

- **Regeneration:** As we look to the future of our specialty, it is likely that periodontal regeneration and tissue regeneration will play a larger role in periodontal practices. The Board approved a proposed format and experts for an invitational workshop on Enhancing Periodontal Health through Regenerative Approaches."

- **Updated anesthesia paper:** The AAP has had a paper on anesthesia since the mid-2000s. Our Committee on

Anesthesia recommended that the paper be updated to reflect current practice, and a revised paper was submitted to the Board. The Board approved an "Academy Report: The Use of Moderate Sedation by Periodontists" for distribution in 2013.

Governance

Background: Last year, the overall percent of AAP election returns/participation was only 24% while our district had a 21% return rate.

At the recommendation of the task force on election protocol, the board is requesting that the membership consider a change to the process for electing the AAP officers. The recommendation is that the trustees elected by their districts and who work with the other trustees and officers will select the officers from among those candidates who choose to run for office.

The strength of the AAP is that it is a national organization made up of periodontists from across the country with many different skill sets, one of which is leadership abilities. Those skills and attributes are best demonstrated in the boardroom over a period of time. That critical ability is something that really cannot be observed by the membership at large who do not have this same opportunity as do the elected representatives on the Board. This proposed change for your consideration is not new and is in practice in many other dental organizations.

To best serve the Academy, officers need to have demonstrated their ability as effective leaders, to unify our board and staff, and be well-versed on the many complex issues. Most members who run for office have served on the Board and the effectiveness in the noted areas has been demonstrated to the body of trustees. To make such a change whereby officers would be elected by the trustees would require a Bylaws' amendment. If the Board approves two readings of the amended section, it will be brought to the General Assembly at the 2013 Annual Meeting in Philadelphia where the members will be asked to vote on this proposal.

Upcoming meetings

- April 13-14, 2013 - Spring Conference at the Fairmont Chicago. Topic: The Team Approach to Managing Implant Complications

- September 28 - October 1, 2013 - 99th Annual Meeting in Philadelphia

DISTRICT VI UPDATE (CONTINUED ON PAGE 7)

In Memoriam

Robert S. Schoor, DDS

It is with profound sadness that we report the passing of one of our most distinguished and beloved colleagues and friends. Dr. Robert S. Schoor, 77, passed away suddenly on November 17, 2012. He is survived by his beloved wife, Greta, and their children, Patricia Schoor Rube and Dr. Richard Schoor. He was also blessed to be a cherished grandfather to Matthew, Charlie, Kate, Alexis, Emma, and Gabe.

Next to his family, Bob was dedicated to his profession. After receiving his periodontal certificate from Columbia University in 1966, he opened a successful clinical practice in Cherry Hill, New Jersey. His patients and staff loved him. Bob was goal oriented, yet warm, humorous, gentle, and always professional.

Continuously teaching for the last 40 years, Bob motivated those around him to strive for excellence. I first met Bob when I was a student at Temple University School of Dentistry. I remember him as a committed educator who cared deeply about his students. The students, including myself, sought his input and guidance. It was Bob's advice that convinced me to choose periodontics as my specialty.

For the last 15 years, Bob has served as director of the Advanced Education Program in Periodontics at New York University College of Dentistry, influencing a new generation of periodontists. He was a responsible leader who applied his extensive knowledge of the literature and his experience in patient care to enlighten the students. Bob instilled the value of educational and professional esteem to his residents. He stressed the value of having a good bedside manner and the value of giving back to the community. With his encourage-



ment, most of his students have initiated or completed the AAP board certification process. His absolute dedication to the students, the school, and to the whole dental community in New York was admirable and demonstrated his love for teaching. His door was always open, and both students and faculty came to his office eager to learn from him.

During his lifetime, Bob made significant contributions to the literature, having published in many renowned journals including the *Journal of Periodontology*. He was a widely sought lecturer, both nationally and internationally. His knowledge of and passion for the profession energized him, and it thrilled him to be able to share this with all of us.

As well as being a successful clinician, teacher, and leader, Bob was an ambassador for our profession. He served as an examiner and director for the American Board of Periodontology, and past president of the American Academy of Periodontology and Northeastern Society of Periodontists. His service to the AAP was a source of pride to Bob as well as a major focus in his career.

Bob's strength, leadership, and commitment were unparalleled. As such, he was the recipient of many awards over his lifetime. The American Board of Periodontology Service Award, Mentor Award for Advanced Education Program in Periodontics, and Irwin Scopp Award from the NESP are just a few.

Those of us who were fortunate to have known Bob have lost a phenomenal mentor, colleague, and most importantly, a friend. We are grateful for having been part of Bob's life.

A golden heart stopped beating, hardworking hands at rest. God broke our hearts to prove to us, He only takes the best. ■

Louis F. Rose
Philadelphia, PA

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District VI Update (CONTINUED FROM PAGE 6)

If you have any questions, comments, or issues you would like brought up on your behalf, please do not hesitate to contact me or the other District VII trustees (Richie Kahn (runperio@aol.com) and Bob Schifferle (res@buffalo.edu)). We work hard to represent your views and thank you for allowing us to serve you and our AAP. ■

Sincerest regards,
Mitch Bloom (drmbloom@yahoo.com)

In Memoriam

Maurice Goldberg

We are all deeply saddened by the recent passing of Maurice Goldberg, who was a member of the NESP since 1961. He served this organization with enthusiasm and a strong sense of devotion to the field of periodontology. In addition to his term of president in 1983 he continued to serve on committees and the board of directors until his retirement a few years ago. His presence, though silent now, will be heard by future periodontists for years to come. ■

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ACKNOWLEDGMENTS

The NESP wishes to thank the sponsors of the spring meeting for their financial support. All members are urged to visit the exhibit booths and to acquire the latest information on periodontal products.

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