



NORTHEASTERN SOCIETY OF PERIODONTISTS BULLETIN

VOLUME 42, No. 2

FALL 2013

FALL MEETING • November 1, 2013 *Optimizing Implant and Esthetic Success*

New York Marriott Marquis Hotel • 1535 Broadway, New York, NY

In this 54th year of the NESP, the fall meeting theme will be *Optimizing Implant and Esthetic Success*. Our program chairman, Dr. Edward Gottesman, together with the CE committee, have invited speakers who are all well-versed in the dilemmas and challenges faced by the surgical-restorative teams in reestablishing proper form and function in the partially edentulous patient, particularly in the esthetic zone. This meeting will explore some out-of-the-box concepts in dental implant therapy and will present alternative treatment options in order to attain a more enduring and functional esthetic outcome.

The day will start with registration and exhibits between 8:00-9:00 a.m. At 9:00 a.m., our first speaker, Dr. Bradley McAllister, will present **Implant Reconstructive Challenges with Hard and Soft Tissues**. This will be followed by a coffee break from 10:15-10:45 a.m. Please remember to visit the exhibitors at this time. Following the break, Dr. Stig Osterberg will present **Management of Complex Soft Tissue Deficiencies Around Teeth and Implants in the**

(CONTINUED ON PAGE 2)

8:00-8:30 a.m.	NESP Board of Governors' Meeting
8:00-9:00 a.m.	Registration and Exhibits
9:00 a.m.	Lectures Begin
9:00-10:15 a.m.	Dr. Bradley McAllister <i>Implant Reconstructive Challenges with Hard and Soft Tissues</i>
10:15-10:45 a.m.	Visit with our exhibitors
10:45 a.m.-noon	Dr. Stig Osterberg <i>Management of Complex Soft Tissue Deficiencies Around Teeth and Implants in the Maxillary Anterior Region</i>
Noon-1:30 p.m.	Lunch Program Installation of 2014 Officers Isador Hirschfeld Award
1:30-2:45 p.m.	Dr. Georgios Romanos <i>Crestal Bone Stability Around Implants with Various Designs: Biological Consideration in Health and Disease</i>
2:45-4:00 p.m.	Dr. Tomaso Vercellotti <i>The Ultra-osseointegration Process: Surgical, Scientific, and Clinical Rationale</i>



Bradley McAllister



Stig Osterberg



Georgios Romanos



Tomaso Vercellotti

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Maxillary Anterior Region. Lunch will be served from 12:00-1:30 p.m. where Dr. Barry Wagenberg will receive this year's Isador Hirschfeld Award. Following lunch, at 1:30 p.m., Dr. Georgios Romanos will present a lecture titled **Crestal Bone Stability Around Implants with Various Designs: Biological Considerations in Health and Disease.** At 2:45 p.m., Dr. Tomaso Vercellotti will present **The Ultra-Osseointegration Process: Surgical, Scientific, and Clinical Rationale.**

BRAD MCALLISTER, D.D.S., Ph.D. will present ***Implant Reconstructive Challenges with Hard and Soft Tissues.*** With the development of molecular and cellular grafting technologies, our surgical procedures can now be performed at a high level of predictability, without harvesting autogenous tissues. This presentation will review the clinical techniques and the science behind the use of these newer soft and hard tissue grafting approaches for implant reconstructions.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- **understand what cellular grafting materials are available for clinical use;**
- **understand what molecular supplements are available for clinical use;**
- **see what research has been completed supporting the use of these cellular and molecular approaches.**

Dr. McAllister is a Diplomate of the American Board of Periodontology and The International Congress of Oral Implantology. He has over 20 years of experience in the surgical placement of dental implants and bone reconstruction. A previous faculty member at the University of Texas Health Science Center at San Antonio, Dr. McAllister currently is a part-time faculty member at Oregon Health Sciences University. Previously, he was director of The Dental Implant Program for the Departmental Research Program, which was focused on research related to implantology. He completed his Ph.D. in 1993 involving research centered on techniques to improve surgical wound healing; completed a residency in periodontics in 1992 at the University of Texas Health Science Center at San Antonio; and obtained his Doctor of Dental Surgery in 1988 at the University of Washington. He is an esteemed national and international lecturer on implantology and periodontics, with lectures presented to local, national, and international audiences. Dr. McAllister has published more than 20 manuscripts in professional journals and has written three book chapters.

STIG K. OSTERBERG, D.D.S., M.S.D., will present ***Management of Complex Soft Tissue Deficiencies Around Teeth and Implants in the Maxillary Anterior Region.*** One of the most challenging treatments we are encountering is the replacement of teeth in the anterior maxilla, especially when this is in association with a lack of bone and soft tissue. Missing teeth adjacent to each other complicates this further, especially a missing central and lateral incisor, or a lateral incisor and a canine. This presentation will demonstrate innovative surgical techniques with clinical examples on how to correct substantial soft and hard tissue defects in the anterior maxilla around implants and teeth.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- **use a combination of soft tissue grafts to vertically augment an interproximal area between adjacent implants;**
- **demonstrate, through clinical documentation, the stability and long-term changes of the soft tissue augmentation;**
- **illustrate through clinical examples the use of pedicle and connective tissue grafts to augment a deficient ridge.**

Dr. Osterberg completed his dental training in Sweden in 1970. He was accepted to the graduate program in periodontics at the University of Minnesota, where he received his specialty training and was awarded a Master of Science degree in 1974. Following a faculty appointment at the University of Minnesota, he accepted a full-time faculty position in the Department of Periodontics at the University of Washington in 1976. During his tenure at the University of Washington he was involved with both undergraduate and graduate education, and research. He collaborated in several studies with Drs. Roy Page, Vince Kokich, Jon Artun, and Don Joondeph. This collaboration led to publications of numerous papers in the *Journal of Periodontology*, *Journal of Periodontal Research*, *Journal of Clinical Periodontology* and the *American Journal of Orthodontics*. Currently, he is the director of the Olympic Peninsula Dental Study Club, which has been part of the Seattle Study Club network since the late 1990s. He has been an invited speaker at the annual AAP meetings and the Seattle Study Club national symposia, the latter together with Drs. Frank Spear, Vince Kokich, and John West. Dr. Osterberg started a private periodontal practice in Port Townsend, Washington, where he has been in full-time practice since 1986. He has developed

a special interest in dental implants, which he has been placing since 1988.

GEORGIOS ROMANOS, D.D.S., Ph.D. will present *Crestal Bone Stability Around Implants with Various Designs: Biological Considerations in Health and Disease*. Stability of the soft and hard tissues around implants is an important requirement to improve esthetics and long-term success. This presentation will demonstrate the biological evidence of the peri-implant bone stability according to the literature and fully-documented clinical case series. Special focus on the bone stability after augmentation procedures improving the bone remodeling, as well as the main biological considerations to stabilize the crest of bone, will be presented in this lecture. Therapeutic options after immediate loading concepts and the requirements for success will be shown using various implant systems and different grafting materials.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- **have improved knowledge about crestal bone stability;**
- **explain the favorable biological effects of platform switching on the crest of bone;**
- **explain the effects of functional loading on crestal bone stability;**
- **establish better treatment protocols for the treatment of peri-implantitis.**

Dr. Romanos is a professor and associate dean for clinical affairs at Stony Brook University, School of Dental Medicine; a tenured professor for oral surgery and implantology in Frankfurt, Germany; is fully trained in periodontics, prosthodontics and oral surgery in Germany and in the U.S.; is board certified by the American Board of Periodontology; is a former professor of implant dentistry at NYU; is a former professor of clinical dentistry at the University of Rochester; and director of the unit of laser dentistry. Dr. Romanos is a board member of *IJOMI*, *Clinical Implant Dentistry and Related Research*, *Journal of Prosthodontics*, *Odontology*, *Journal of Periodontology*, and various laser journals. He has more than 300 publications and three books on lasers and immediate loading, and has delivered more than 500 presentations worldwide.

TOMASO VERCELLOTTI, M.D., D.D.S., will present *The Ultra-osseointegration Process: Surgical, Scientific and Clinical Rationale*. This presentation introduces how ultrasonic implant site preparation (UISP) offers many advantages at every single implant stage as it is based on a precise rationale. The surgical protocol is pre-

sented for implant site preparation with Piezosurgery®. A technique is introduced for differential preparation of cortical bone and spongy bone, making it possible to exploit residual crest anatomy. A pragmatic pre-surgery study is illustrated based on a specific bone classification system, enabling you to determine precisely the different degrees of preparation for each implant site and thereby optimizing both primary stability and secondary stability in every anatomical situation. Mention is made of the high level of operation safety as a result of selective cutting, especially concerning implant site preparation of the endo-alveolar and crests with low residual volume.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to understand:

- **surgical rationale and protocol of Ultrasonic Implant Site Preparation (UISP)**
- **the ultra-osseointegration process: scientific evidence and clinical benefit**
- **UISP: Surgical Technique**
 - reduced bone volume
 - alveolar socket
 - sinus crestal approach
 - narrow ridge

Dr. Vercellotti graduated cum laude in medicine and surgery in 1979 and specialized in odontostomatology at University of Studies of Genoa in 1984. He is the inventor of the piezoelectric bone surgery procedure and developer of the ultrasonic implant site preparation and orthodontic microsurgery techniques. He is the founder and honorary president of International Piezosurgery Academy (IPA) and a member of the faculty at UCL Eastman Dental Institute of London. As well as being the author of a new bone quality classification for surgical purposes, Dr. Vercellotti has authored the first scientific clinical articles on piezoelectric bone surgery, on new surgical techniques, ten chapters on the piezoelectric sinus lift procedure, and the first book dedicated to the implantology field. He maintains a private practice limited to periodontology and implantology in Genoa, Italy. He has dedicated himself for over 30 years to clinical education and the rehabilitation of complex cases, is the 2005 recipient of the Andi Award for scientific and cultural merit, is an active member in AO, ICOI, EAO, and SIDP (Italian Society of Periodontology), and is an international speaker at AO, AAP, NYU, USC, and ICOI.

Disclaimer:

This program is offered as an educational course only. The opinions and techniques offered today should be combined with additional educational experiences before considering them in your practice. Attendance at this program does not reflect specialty status, advanced training, specific skills or educational status.

Message from the President

It has been said, "Give a man a fish and feed him for a day, but teach a man to fish and feed him for a lifetime." This is the fundamental basis of mentorship. The act of mentoring helps us to transcend selfishness by giving people time and space to make mistakes; yet still being there as a trusted friend and offering support to help advance their education, career, and self-esteem.

The Northeastern Society of Periodontists, a pre-dominant society that focuses on providing a forum for continuing education, has allowed all of us to experience firsthand the benefits of mentorship. Recent graduates and seasoned periodontists alike can still take advantage of everything the society has to offer.

The collaborative efforts of our board have always served the interests of our members by providing and promoting scientific and clinically relevant educational programs to advance our specialty.

Optimizing Implant and Esthetic Success is the core theme for our fall 2013 program. Our speakers will be world-renowned clinicians who focus on and address

clinical challenges that restore the periodontium to proper form and function.

The NESP will also be welcoming our dental hygiene colleagues thanks to the dedicated efforts of Dr. Roy Feldman, who has carefully developed a course to address issues relevant to a periodontal hygiene practice.

It is with great pleasure that I complete my year as president of the NESP. I would like to thank my board, program chair Dr. Edward Gottesman, and executive director, Dr. David Kratenstein, for all their support and dedication to this society.

It is through our membership that our society continues to flourish. We encourage your input and welcome members to actively participate and embrace the society.

In closing, I congratulate Dr. Mitchell Bloom as the incoming president and wish him success. ■



Constantine
Pavlakos

Message from the Executive Director

We have just completed a magnificent year of programming for the NESP and are looking forward to another fabulous year in 2014.

Our program chair for 2014, Dr. Frank Celenza, has developed two outstanding programs for the year. Please check out our website (www.nesp.org) for details; also note we now have a Facebook page, where you can follow us.

Dues bills for 2014 will be sent in December, and this is a reminder to please pay those bills on receipt (you can get a 2013 deduction if you pay before January). Please provide us with your cell phone number and your email. This is a direct result of the Hurricane Sandy experience when we realized that we had no way to contact everyone in such an emergency. By providing us that information a robo call and/or an email blast can go out not only for emergencies, but for meeting

announcements. These numbers are internal and will not be released to anyone other than our central office. Please cooperate and help us run this organization efficiently. If you have not provided us these numbers, please email me at executive-director@nesp.org or include the information in the dues envelope.

Our exhibitors are vital to our organization, and the revenue provided by our exhibitors has enabled us to keep the same dues structure for over 10 years. Please support our exhibitors by making purchases at the meeting and thanking them for their participation.

Looking forward to seeing you at the November 1, 2013 meeting. ■



David Kratenstein



For updates and
the latest
information
on NESP,
visit our website
at
www.nesp.org.



Mark Your Calendar

NESP Meeting Dates

MAY 2, 2014

OCTOBER 24, 2014

Message from the Incoming President

When I set out to write on most any subject, I go through an exercise in word association. In keeping with that habit, I asked myself the question of what the NESP means to me. Usually a bit of writer's block and some dead ends ensue until I'm able to identify a few key items. Quite the contrary occurred in this case. My brain filled with a rush of so many positive memories at a pace faster than I could even jot them down. This organization has always been special to me since attending my first meeting as a resident. Why is it that so many of us await the posting of the dates for the year's upcoming meetings with such great anticipation? It's certainly not simply because it's the only place to pick up a few CE credits. The many thoughts, memories, and images that came to mind about the NESP seemed to center around three recurring themes espoused by the founders of this organization more than 50 years ago, which fortunately still ring true: Education, Collegiality and Sharing.

Education: Our scientific programs throughout the history of this organization are consistently second to none. The content reflects the latest and greatest on the full spectrum of topics germane to the ever-evolving scope and depth of our specialty. Our ability to attract world-class speakers, who consider our invitation an honor, is made possible by the prestige our organization enjoys – a direct reflection on the attributes of each and every member. The upcoming programs for 2014 will continue to embrace those values. The spring meeting will focus on emerging strategies for advanced regeneration along with a broad overview on the latest information as it relates to the role of lasers in periodontics. The fall meeting format will be the first of its kind for our organization and truly interdisciplinary in both content and spirit. Members will have the opportunity to invite their restorative colleagues to share a day of presentations focusing on the team approach to interdisciplinary care issues (details on how to register guests will be forthcoming).

Collegiality: In addition to the outstanding programs no one can deny the pleasure of catching up with former classmates, colleagues, past students, and mentors. Think about how many of these people you might not see if it weren't for the special "home" this

organization has created in the periodontal community. NESP has led to many new friendships that I will cherish forever.

Sharing: Sharing of knowledge, time, experience, and friendship. Beginning with the founders of our organization, members have given selflessly to continue to honor and maintain the core attributes woven into our history that make it great. The hours upon hours to do this by so many are an inspirational example of "giving back," and if actions speak louder than words, this shouts commitment and dedication. No better example of giving back can be found than that of the wide-ranging impact of our Executive Director, Dr. David Kratenstein. His experience and insight are infinite. He is a resource for this organization, making sure that we not only meet standards but also constantly exceed them. He is the tireless, dedicated, detail-oriented wizard behind the curtain, and we members are the fortunate beneficiaries of his actions.

We each have our own stories as to why the NESP is special to us. I was a dedicated student member and then an active member, but in the chaos of recently finishing school, I had not yet thought about "getting involved" with the NESP until my teacher and friend, Dr. Frank Celenza, Jr., invited me to be his program chairman during his 2003 term as NESP president. That was a great experience. I have been involved ever since and loved every minute of it. Fast-forward a decade later and it is with great pleasure to say that he accepted my invitation to be program chairman during my upcoming term as president. His hard work, continued dedication, commitment, and unique training will undoubtedly make these sessions outstanding.

I am both humbled and immensely proud to be the incoming president of this organization. I thank the executive committee, the board, and all of the members for this opportunity, and will work hard to honor those mentors, heroes, and friends who have made this organization great and provided me so much pleasure over the years. ■



Mitchell Bloom

Members can access the NESP journal *Periodontal Clinical Investigations* online

Go to the NESP website, click on scientific journal, then on journal articles, and use the password NESPMEMBER (all caps)

New Members

The NESP welcomes the following new members:

Dr. Gila Beer, White Plains, New York
Dr. Hyun Oh Chung, New York, New York

NESP District VII Update

I hope that you all had a chance to enjoy the sun and warm weather and now look forward to a busy season ahead. The officers, trustees, and staff of the AAP met in August. The agenda covered a wide range of weighty issues that reflect the priorities and concerns of the membership as well other issues impacting our specialty.

With last year's annual meeting we welcomed John Forbes as our new executive director. Mr. Forbes has reviewed both "what" we are doing in terms of initiatives and activities, and "how" we do it. To this end, the strategic planning committee met in April to consider this review of Academy operations. The first order of business was to consider AAP's present and future role in serving our membership and the community. The elements fundamental to supporting that mission and vision were identified and used to structure how our organization does business so that the process by which we identify, prioritize, and ultimately implement initiatives is streamlined and best applies finite resources to yield the greatest impact.

The most important feature of this updated system is its ability to better and more rapidly respond to any emergent high-priority issues. As a result of this self-evaluation and review, our nearly 100-year-old Academy remains both relevant and nimble in the challenging landscape in which we practice.

There are many items of significance being proposed to the membership. It is my hope that you have received this edition of the *Bulletin* prior to the annual meeting in Philadelphia (September 28-October 1) as I strongly urge you all to attend the District VII forum (Sunday, September 29, 12:45-2:15p.m.) to meet with your trustees, hear more about what is being proposed, and have the opportunity for discussion of these important topics. The following day the General Assembly Business Session (Monday, September 30, 5:15-6:15p.m.) will take place. During that session the membership will be asked to consider and vote on significant issues, most notably approving a proposed budget that will allow AAP to embark on member-identified consumer outreach initiatives as well as a proposed change to the process by which our officers are elected to office.

Some of the topics from the slate of the most recent board session include:

- Mr. Forbes prepared an insightful and transparent review of the Academy's projected financial picture based on the existing framework. He offered thoughts on how to both offset impending financial shortfalls in the coming years and take advantage of opportunities to increase revenues to the Academy as traditional sources diminish. The budget to be presented to the membership for consideration is structured so that it not only addresses traditional expenses but also allows

flexibility to pursue those unplanned opportunities or meet unforeseen challenges that might suddenly arise.

- Public awareness initiatives are high priority.
 - The Task Force on Consumer Awareness met with a number of public relations firms and identified one firm with whom the Academy hopes to work on a large-scale campaign.
 - The NHANES data has identified a significantly greater prevalence of periodontal disease in the population than was previously thought. This has numerous implications, all of which are being explored for implementation into outreach initiatives to both the public sector as well as to other professionals.
- Outreach programs to both general dentist and hygienist colleagues will continue to remain a priority and continue to be developed. The General Dentist Outreach group is working on a series of articles to be published in *Inside Dentistry*, which is in keeping with other initiatives to increase periodontal topics in dental trade publications aimed at increasing awareness of the specialty and the team approach to care.
- A peri-implantitis task force is working to develop publications and raise awareness in establishing the periodontist as the premier resource and partner in the management of this condition.
- A periodontal regeneration and tissue engineering workshop is moving forward that will yield a state-of-the-art paper on the subject encompassing both traditional and emerging technologies; this paper will reaffirm the role of the periodontist and AAP as the go-to resources for this topic.
- Officer election process: It is being proposed to the membership that the process by which officer candidates are elected be modified to follow the ADA procedure. The process by which individuals seeking office submit their petition for inclusion on the ballot remains largely unchanged. The major change would be that the Trustees of the Board would ultimately be casting the vote on behalf of their constituents for the candidates who they believe are in the best interest of the AAP. This requires a bylaws change that will be brought before the General Assembly of the members, where it will be put to a vote.
- AAP legal counsel apprised the board of proceedings in the U.S. that speak to the role of state dental boards and how such rulings affect practitioners.
- The AAP will mark its 100th Anniversary in 2014. The annual meeting in San Francisco is dedicated to reflecting on our long, rich history and the many forward-thinking individuals instrumental in the evolution and sophistication of our specialty.

District VII Update (CONTINUED FROM PAGE 6)

If you should have any questions, comments, or issues you would like brought up on your behalf please do not hesitate to contact me or the other District VII trustees (Richie Kahn [runperio@aol.com] and Bob Schifferle [res@buffalo.edu]). We work hard to be your voice, and thank you for allowing us to serve you, our specialty, and the Academy. It is our honor to represent District VII and

the interests and concerns of our members. I look forward to seeing you all in Philadelphia at the district forum and general sessions, and hope that you will come out so that your vote – and ultimately your voices – will be heard.

Sincerest regards,
Mitch Bloom (drmbloom@yahoo.com)

Message from the Editor

Why Is There a Decline in Participation?

The 99th AAP annual meeting will be held this year in Philadelphia and I am very excited to attend. The last time I attended an annual meeting in Philadelphia was in October 2001, right after the terrorist attacks of 9/11. It was a frightening, sad, horrifying, and overwhelming time for many of our members, patients, and family. Therefore, I am happy to attend under better circumstances this year.

One of the must-attend events for me at the AAP annual meeting was always the American Board of Periodontology (ABP) “Sounding Breakfast with the Board.” I will never forget attending my first Breakfast with the Board. I was sitting at the table while my picture, along with those of the other newly board-certified periodontists, looped over and over on a big screen. When we were asked to stand for applause in achieving board certification and diplomate status, I gazed into the crowd and saw some of the most famous periodontists applauding and supporting the specialty. It was a proud moment for me. I can even fondly remember waiting to take some group photos with the year’s new diplomates.

This year I was disappointed to find out that the ABP breakfast was cancelled. Apparently there was a decline in attendance and the board decided to do away with the event. The breakfast not only honored new diplomates and acknowledged 25-year active diplomate status, but also recognized the amazing contributions of the co-chairman, directors, and examiners. It “provided an opportunity for directors and diplomates to exchange ideas.” At the end of the breakfast an attending member could even ask questions of the board and sometimes of the AAP president.

What reasons can there be in the decline of attendance at the ABP Breakfast with the Board? Clearly, we have many more diplomates today. When I finished my program at Temple in 1994, I recall someone telling me that only 11% of all periodontists were board certified. Today over 50% of periodontists are board certified, which makes me wonder why the breakfast is not better attended. Could it be that members do not want to get up so early? I always thought it was too early... how about the ABP hosting a luncheon with the board?

Attendance at our NESP meeting has been slightly increasing and our lunch hour program is always full;

however, with our great programs and educational value I would have liked to see an exponential yearly increase in participation at our NESP meeting, too.

There are reasons why attendance of events and membership may not be increasing the way I would like it to at the ADA, AAP and NESP: what I hear people say every year is that more dentists (“Baby Boomers”) are retiring than are entering the field. This might be true, but with the increase in dental schools across the country – and some schools even beginning to expand their enrollment – it seems that trend should turn around. I have also heard that dentists reaching retirement age, but who have not yet retired, are not joining. These dentists seem to feel the cost of membership, which has been constantly increasing, is too high. Why do they not see the value?

Many of our newly-minted periodontists are not going into private practice or joining AAP because of financial burdens from student loans. Another group that plays havoc with the membership statistics at the ADA (not the AAP) is our foreign-trained licensed dentists working at our schools who do not join organized dentistry. Please make sure you ask your colleagues to become members.

Yes, the economy has been tough these past years. The Internet and other technology also make it easier to find CE programs. Many of these programs – via webcasts and video conferencing from the interactive to the on demand – can enjoy attendance without the participants leaving home. These new ways to access CE may well be affecting attendance. However, nothing beats being able to attend a meeting like our NESP program. At our meeting, not only do you get to hear the latest from the best, but also enjoy the camaraderie of your peers. The interaction and information you obtain from that alone makes you a much better periodontist.

Please let me know if there is anything we at the NESP can do for you. This year Dr. Gus Pavlakos led our society to another fabulous year. Our incoming president, Dr. Mitch Bloom, is another leading periodontist who will continue to lead the excellence at the NESP. ■



Stuart Segelnick

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NESP would like to acknowledge our Platinum sponsors

- Biomet 3i
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whose additional educational grants have enabled this society to provide excellent programming and parallel functions to our membership.

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ACKNOWLEDGMENTS

The NESP wishes to thank the sponsors of the fall meeting for their financial support. All members are urged to visit the exhibit booths and to acquire the latest information on periodontal products.

AAP Foundation	Keystone Dental
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